

## Reading Guide: "Life, Love, and a Polar Bear Tattoo" by Heather Wardell

1. Which character is your favorite? Your least favorite? Who seemed the most real? Why?
2. Did any passage or line from the book stand out for you, either positively or negatively? If so, which one, and how did it affect you?
3. Comparing this book to others you've read recently, would you say it's better or worse? Will you remember it a year from now, and if so, why?
4. Do you think Candice made the right decision staying with Ian? What do you think her life would have been like with Kegan?
5. There are a lot of polar bear images in the book. Do you have an animal that gives you strength the way the bears do for Candice? If you do, why is it that particular animal?
6. How do you think Candice will do as a designer once she's trained? Do you think she has the artistic ability and business savvy to make it work?
7. Do you consider what Candice did, and what Ian did, to be cheating? What are the boundaries on acceptable behavior for married people?